

Kermode Friendship Society *Registered with Revenue Canada as a "charitable organization"* 4714 Park Ave , Terrace, B.C. V8G 1W1 Phone 250 635- 4906 Website <u>www.kermodefriendship.ca</u>

Perinatal Nurse 26hr/wk-full time

Reports To

Coordinator/Program Director

Job Summary

The Perinatal Nurse, under the direction of the Coordinator/Program Director, will primarily be responsible to advise patients and their families on health care including health promotion, disease, illness, and accident prevention. This position will collaborate with members of an interdisciplinary team to plan, implement, coordinate, and evaluate patient care and support in consultation with individuals and their families. This role will also respect and protect the rights of clients, including but not limited to their right to independence, autonomy, and self-determination; their right to choose and practice individual values, beliefs, religion, and culture; their right to privacy and dignity. The Perinatal Nurse must possess degree or diploma in science, health sciences, or a field appropriate to the position and three years of experience in an appropriate field.

Program

This program is an intervention for low to high-risk women and their families. This position will be responsible for providing direct outreach, nursing interventions, care planning, safety planning, home visitation, case management and advocacy services to mothers who have used alcohol and/or drugs during pregnancy or are at risk to, and to their children, partners and extended families when required.

Competencies

- Adaptability
- Attention to Detail
- Client/Customer Focus
- Commitment to Health and Safety
- Communication
- Compassionate
- Cultural Sensitivity
- Harm Reduction Practices
- Organization
- Professionalism

- Teamwork
- Time Management
- Trauma Informed Practices

Job Duties

- Performs nursing case management activities according to policies and procedures, in a confidential and professional manner.
- Identifies and monitors women's current and potential strengths and limitations including psychosocial, physiological, psychological, social-cultural, and spiritual needs.
- Plans, implements, and evaluates nursing care within an interdisciplinary clinical framework in accordance with Standards of Practice of the nursing college of B.C.
- Manages a caseload in collaboration with multidisciplinary team.
- Assist clients in setting goals based on their individual needs assessments, and in identifying steps to achieve their goals and monitors progress.
- Identifies high-quality community providers and agencies whose services are relevant to needs and fosters those relationships.
- Provides outreach service to engage and connect with clients with the community agencies that will help meet their needs and goals, including cultural resource workers and Elders.
- Administers clinical assessment instruments dealing with highly sensitive and confidential information, according to policies and procedures.
- Collects and prepares data for computer entry. Charts in accordance with best practice and privacy policies.
- Coordinates scheduling and attends case management meetings and appointments with community service providers with whom the client is involved.
- Collaborate with members of an interdisciplinary team to plan, implement, coordinate, and evaluate patient care and support in consultation with individuals and their families
- Coordinates with housing support/case management services and documentation if needed.
- Provides outreach services to locate missing clients and engage them with the program.
- Maintaining, updating, and reviewing professional research and literature by attending relevant professional meetings, conference, and in-service training.
- Assists in providing orientation and training or information sharing to existing center staff as requested by Program Coordinator.
- Respect and protect the rights of clients, including but not limited to their right to independence, autonomy, and self-determination; their right to choose and practice individual values, beliefs, religion, and culture; their right to privacy and dignity
- Use effective interpersonal skills to communicate complex and sensitive information
- Always maintain work area in a clean and professional manner, ensuring proper tools and equipment are available when needed
- Monitor patient progress, keeping records, charts, reports, etc. up to date
- Provide a consistently high standard of care and support for patients
- Provide direct and comprehensive care and assistance to patients with specialized and complex needs
- Schedule or conduct follow-up meetings/appointments with patients

- Assess, evaluate, plan, and revise patient care/support
- Advise patients on alternative treatment options
- Encourage open communication among patients when discussing issues, problems, or concerns
- Ensure commitment to quality, patient safety, and risk management initiatives
- Provide education and counselling to patients and families
- Provide ongoing advocacy and support to patients
- Provide timely and astute information to other members of the team, as well as to individuals under direct care or support and their family members
- Demonstrate cooperation among other staff members to ensure efficiency of care and support for patients
- Protect the health and safety of others by adopting safe work practices and reporting unsafe conditions immediately
- Perform responsibilities of the position within the legislative and regulatory standards set out in the applicable federal, provincial, and municipal legislation
- Prepare and submit accurate reports, records, and charts
- May be asked to perform other duties as they relate to this position.

Job Requirements

- Degree or diploma in science, health sciences, or a field appropriate to the position
- Three years of experience an appropriate field
- Certifications or licenses appropriate to the position
 - Current nursing license (in good standing with the College), CPR, Infant CPR and First Aid Training
- Clean vulnerable sector check
- Is committed to improving the wellness of the whole person.
- Experience with addictions and mental health an asset.
- Experience on issues/projects working with prenatal substance abuse or equivalent combination of education and work experience
- Demonstrated ability to effectively engage with high-risk mothers and their families
- Ability to conduct interviews covering extremely sensitive and confidential issues
- Ability to deal pleasantly and effectively with a wide range of people of different ages and cultures, in potentially volatile and emotionally charged situations
- Ability to maintain positive professional boundaries without imposing personal judgments and expectations on families and patients
- Ability to make decisions in complex situations that could be immediately dangerous to life or health where no established guidelines exist
- Ability to effectively communicate both verbally and in writing
- Ability to work individually as well as part of a team
- Ability to work under extreme pressure and handle tense and stressful situations
- Demonstrated time management skills
- High flexibility with strong interpersonal skills that allow one to work effectively in a diverse environment
- High level of integrity and work ethic
- Knowledge of safe patient lifting/handling techniques

- Proven knowledge of case management processes and procedures
- Strong sense of ethics and the ability to handle sensitive or private information with tact and discretion
- Valid first aid or CPR certification

Work Conditions

- Exposure to infectious waste or illnesses
- Safety precautions due to proximity with hazardous materials and/or contagious diseases
- High levels of stress and pressure
- Occasional overtime
- Interaction with others under varying circumstances-including situations of a highly sensitive nature
- Intermittent physical activity including walking, standing, sitting, lifting, and supporting patients